## ABSTRACT

The present invention relates to a process for treating keratin materials, and especially human keratin materials such as the hair, the integuments and the skin, comprising the controlled release of an aromatic cosmetic active principle from synthetic polymer particles containing aryl groups, with a glass transition temperature  $(T_g)$  of greater than or equal to  $45\,^{\circ}\text{C}$ , and also to a kit for performing such a process.